

		dl	dt	dc	dj	dv	db	dg
07:15 - 07:35	XPRESS	FREE FIT		RADIKAL		FREE FIT		
07:15 - 08:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL		
07:30 - 08:30	SALA 1				BODY COMBAT			
07:45 - 08:30	CYCLING			CYCLING				
08:15 - 09:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
08:30 - 08:50	XPRESS		RADIKAL		RADIKAL			
09:15 - 09:35	XPRESS			FREE FIT		RADIKAL		
09:15 - 10:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
09:30 - 10:30	SALA 1					ZUMBA		
10:15 - 10:35	XPRESS						RADIKAL	
10:15 - 11:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
10:30 - 10:50	XPRESS	RADIKAL	FREE FIT					
10:30 - 11:30	SALA 1	ZUMBA						BODY COMBAT
11:15 - 12:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
12:00 - 12:20	XPRESS		RADIKAL		RADIKAL			
12:15 - 12:35	XPRESS							RADIKAL
12:15 - 13:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
13:15 - 14:15	VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
13:30 - 14:15	CYCLING	CYCLING						
	SALA 1		WOD					
13:45 - 14:15	SALA 1				HIIT			
14:00 - 14:20	XPRESS	RADIKAL		FREE FIT		RADIKAL		
14:15 - 15:00	CYCLING			CYCLING				
14:15 - 15:15	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
14:30 - 15:15	SALA 1		BODY COMBAT		ZUMBA			
15:00 - 15:20	XPRESS		RADIKAL		RADIKAL			
15:00 - 15:45	SALA 1					WOD		
15:15 - 16:15	VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
16:00 - 16:20	XPRESS	FREE FIT		RADIKAL			RADIKAL	
16:15 - 17:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
17:15 - 18:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
18:00 - 18:20	XPRESS	RADIKAL	RADIKAL			FREE FIT	RADIKAL	
18:00 - 18:45	SALA 1		BODY COMBAT					
	CYCLING					CYCLING		
18:15 - 19:15	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
18:30 - 19:15	SALA 1			ZUMBA				
18:45 - 19:30	CYCLING			CYCLING				
19:00 - 19:30	SALA 1				HIIT			

19:00 - 19:45	CYCLING	CYCLING						
	SALA 1					BODY COMBAT		
19:15 - 20:00	CYCLING		CYCLING					
19:15 - 20:15	VIRTUAL					CYCLING VIRTUAL		
19:45 - 20:15	SALA 1	HIIT						
19:45 - 20:30	CYCLING				CYCLING (R)			
20:00 - 20:20	XPRESS			RADIKAL	FREE FIT	RADIKAL		
20:00 - 20:45	CYCLING	CYCLING (R)						
20:15 - 20:45	SALA 1			HIIT				
20:15 - 21:00	CYCLING		CYCLING					
	SALA 1	ZUMBA						
20:15 - 21:15	VIRTUAL			CYCLING VIRTUAL		CYCLING VIRTUAL		
20:45 - 21:30	SALA 1			BODY COMBAT				
21:00 - 21:20	XPRESS	FREE FIT						
21:00 - 21:45	SALA 1	BODY COMBAT						
21:15 - 22:00	SALA 1		ZUMBA					
21:15 - 22:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL			