

		dl	dt	dc	dj	dv	db	dg
07:30 - 08:30	SALA 1	BODY PUMP			BODY COMBAT			
09:15 - 10:00	SALA 1			GAC				
09:15 - 10:15	SALA 1	CORRECCIÓ POSTURAL						
09:30 - 10:30	SALA 1		BODY PUMP			ZUMBA		
10:00 - 11:00	SALA 1			IOGA			BODY PUMP	
10:15 - 11:15	SALA 1				BODY PUMP			
10:30 - 11:30	SALA 1	ZUMBA	BODY BALANCE					BODY COMBAT
10:45 - 11:30	SALA 1					GAC		
11:15 - 12:15	SALA 1				PILATES		PILATES	
11:30 - 12:30	SALA 1							BODY PUMP
13:30 - 14:15	SALA 1		WOD					
13:45 - 14:15	SALA 1				HIIT			
13:45 - 14:30	SALA 1			BODY BALANCE				
14:00 - 14:45	SALA 1					BODY PUMP		
14:15 - 15:00	SALA 1	BODY PUMP						
14:30 - 15:15	SALA 1		BODY COMBAT		ZUMBA			
15:00 - 15:45	SALA 1					WOD		
17:30 - 18:15	SALA 1			BODY PUMP				
18:00 - 18:45	SALA 1	IOGA	BODY COMBAT					
18:15 - 19:00	SALA 1				BODY PUMP	BODY BALANCE		
18:30 - 19:15	SALA 1			ZUMBA				
18:45 - 19:30	SALA 1	BODY PUMP (R)	CTC					
19:00 - 19:30	SALA 1				HIIT			
19:00 - 19:45	SALA 1					BODY COMBAT		
19:30 - 20:15	SALA 1		PILATES	GAC				
19:45 - 20:15	SALA 1	HIIT						
19:45 - 20:30	SALA 1					BODY PUMP		
20:15 - 20:45	SALA 1			HIIT				
20:15 - 21:00	SALA 1	ZUMBA			IOGA			
20:30 - 21:15	SALA 1		BODY PUMP					
20:45 - 21:30	SALA 1			BODY COMBAT				
21:00 - 21:45	SALA 1	BODY COMBAT			GAC			
21:15 - 22:00	SALA 1		ZUMBA					