

		l	m	x	j	v	s	d
07:30 - 08:30	SALA 1	BODY PUMP						
09:15 - 10:15	SALA 1		BODY PUMP					
09:30 - 10:30	SALA 1				BODY PUMP			
10:00 - 11:00	SALA 1						BODY PUMP	
10:30 - 11:30	SALA 1							BODY PUMP
14:00 - 14:45	SALA 1					BODY PUMP		
14:15 - 15:00	SALA 1	BODY PUMP						
17:30 - 18:15	SALA 1			BODY PUMP				
19:00 - 19:45	SALA 1					BODY PUMP		
21:00 - 21:45	SALA 1			BODY PUMP				